

# Enhancing IUD Access in General Practice through alternative models of training and practice.

Dr Fiona Mack SHSQ 30<sup>th</sup> April 2019

# Global abortion rates: 2000 - 2003<sup>1</sup>

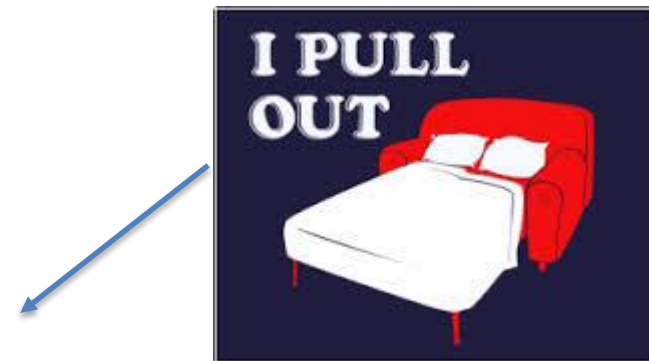


COUNTRY	Rate per 1,000 women aged 15-44 years
USA	21.3
New Zealand	21.0
Australia	19.7
Sweden	19.6
England/Wales	16.1
Canada	15.4
Norway	14.8
Finland	10.9
The Netherlands	8.7
Germany	7.7

1. Chan A, Sage LC. *MJA*, 2005; 182(9): 447-452.

# Estimates of contraceptive use in Australia

method	% use
Oral contraceptives	32
Condoms	22
vasectomy	12
Tubal ligation	4.1
Implant	3.6
IUDs	3.2
withdrawal	2.4
DMPA	1.6
Diaphragms	1.6
FABMs	1.5



TIME  
FOR A  
CHANGE

# LARCS in Australia



- “Time For a Change”: Increasing the use of LARCs in Australia- SHFPA 2013
- 15 Recommendations
  - Health system
  - Research
  - Health Providers
  - Health Service Providers
  - Community and professional education

TIME  
FOR A  
CHANGE

# IUDs in primary care clinics

Study in FPQ and FPNSW clinics<sup>1</sup>: 996 insertions  
25% in women with no previous VD (130 LSCS only and 125 nullip)

Nulliparity assoc with difficult insertion, abandoned insertion and complications on multivariate analysis BUT

- 95% successful (89% of “nullip”)
- 90% “easy” ( 80% of nullip)
  
- 3.6%(34) complications
  - 30 vasovagals -21 mild, 9 moderate, 1 severe

<sup>1</sup>Harvey, Bateson, Black (2012) ANZJOG

# Implanon insertion video



# Video clips of

1. Implanon insertion
2. IUD insertion

**Implanon training.....**

**2 hrs** training by **one** trainer = **10** new inserters

Vs

**IUD training....**

**8 hrs** training by **one** trainer = **1** new inserter







## “Time for a change”: recommendation

*“Development of documented local referral pathways for women of all ages and in all areas to access LARCs, particularly IUDs”*



# GPIIN

## GP IUD Insertion Networks

